

# **IBBEXS** International Badminton Boarding Experience Salland

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## **Introduction**

### ***Opportunity...Opportunity...Opportunity...Opportunity...Opportunity***

***“living on annual basis and training during 40 weeks, 5 or 7 days weekly in a boarding house situation”***

Every badminton athlete with an ambitious long term goal setting and parents know that time to and from training facilities and quality of training, school facilities and a living situation must be optimal. In my opinion too much time is daily, more or less wasted by travelling from home to training and school. This should be reduced in order to gain more time for training without losing adequate school performances. The other aspects are the costs of training, transport to and from training/school and full boarding weekly housing which makes it difficult to make it happen for athletes from minor ages U-10 up to U-18.

## **possibilities**

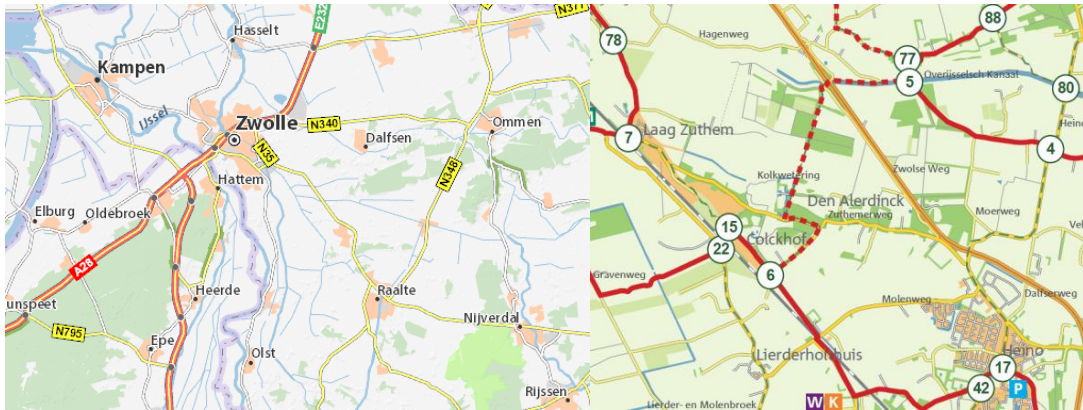
Therefore the **IBBEXS** will make these aspects from the end of August 2017 during a minimum of 40 weeks of training on annual basis, possible. This by renting a house by **IBBEXS** which can be used from a maximum of 6 athletes tops! Which is situated 30 metres from my own homestead, 2 minutes on foot to the primary school, a less than 5 minute car to the training hall, 15 minute car drive to the secondary school and university of ZWOLLE, maximum 12 minute car drive to the railway station ZWOLLE and less than 8 minutes to HEINO railway station. In case you want to use the regular bus connexion, bus stops are to be found in HEINO.

Version 3

John Fikenscher

LZ August 2017

Laag Zuthem is situated between ZWOLLE and RAALTE



A maximum of only 4 up to 6 athletes can be placed in the house, with the combined use of all available amenities

Impression of the location of the four bedroom house and some of the interior:



## What does **IBBEXS** offers and delivers

- from Monday and Friday from 16:30 – 18:30 each 2 hours sessions, this in combination with the **BSON, the BadmintonAcademy & BadmintonSchool Oost Nederland**. Tuesday-Thursday 4 hours daily, scheduled from 06:30 – 08:30 and from 16:00 – 18:00 hrs. Which means on a weekly basis a minimum of 14 -16 hrs quality training;
- Transport to and from: home-training- school and vice versa;
- Housing during the week 5 days and if needed the whole week during 7 days. Maximum 2 persons per sleeping room, use of bathroom, living room, kitchen with use of the following amenities oven, fridge, gas cooking, garden & shed use(bike storage), the full use of electricity, heating, water and all local taxes included;
- Additional, free of charge a room for parents is available with the possibility to stay over for 1 or max. 2 days;
- Daily care taking and checks in the house;
- Weekly house cleaning service and gardening service every 6 weeks;
- Costs per individual are inclusive (*but due to the shown interest of possible participation and with the owner of the house was agreed upon to make a substantial decrease of renting the place so I could adjust the participation fees*). **all training( minimum of 14-16 hrs weekly)**, transport, housing **per calendar month € 630,00 in case if chosen for a five days stay, and for a seven days stay € 745,00**, all excluded the daily meals( which have to be provided for yourself and/ or in collaboration together with other athletes/coaches), a contract will cover a whole year from October 1st - 31 July;
- Other staying over or training possibilities are negotiable against different specific rates.

### **Additional**

Possible physical therapist use across the house( 1 minute walk) at own costs at own costs(or covered by individual health insurance);

Medical test prior(on annual basis) to participation is mandatory at our sports physician at own costs(or covered by individual health insurance);

A 2 months down payment of €1250,00 should be paid per person in advance, prior to actual renting the house and signing the contract.

For further information feel free to contact me either by phone or email